

**AMENDMENTS TO THE ABSTRACT**

**Please replace the original abstract with the enclosed substitute abstract.**

## ABSTRACT

A hydraulic lash adjuster for an internal combustion engine ~~including a cylinder head and a rocker arm~~ is disclosed. The hydraulic lash adjuster includes a low-pressure chamber defined in the plunger and filled with a hydraulic fluid ~~and~~ and a high-pressure chamber filled with hydraulic fluid defined in a lower interior of the cylinder and partitioned by the bottom wall of the plunger from the low-pressure chamber. A valve port is formed through the bottom wall of the plunger so as to communicate with both the low-pressure and high-pressure ~~chambers,~~ The chambers. The valve port has at the high-pressure chamber side an opening edge formed with a valve seat face. A ~~and a~~ valve element is provided in the high-pressure chamber so as to abut and depart from the valve seat face, thereby closing and opening the valve port. The valve element is made of a material having a specific gravity smaller than steel.